

CREATING A

*Resilient*  
**COMMUNITY**

FROM TRAUMA TO HEALING

**April 21st, 2020**  
Virtual Conference

## **Conference Packet**

**Please keep this conference packet accessible to you for reference throughout the day.**

# Partners & Sponsors

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This conference could not have been possible without our partners and sponsors!

PEACE AND  
JUSTICE INSTITUTE

All People. All Voices. All Matter.

VALENCIA COLLEGE



EARLY LEARNING COALITION  
OF ORANGE COUNTY

The Early Learning Coalition of Orange County is funded  
in part by the Florida Office of Early Learning.

ORLANDO HEALTH<sup>®</sup>



FOUNDATION

For A Healthier West Orange

CENTRAL FLORIDA  
FOUNDATION



# WELCOME

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Thank you for joining us today for the 2nd annual *Creating a Resilient Community: From Trauma to Healing* conference. Given these unprecedented times, and the challenges each one of us faces personally, with our families, our work, and community, we felt it was prudent, and pertinent, to move forward with this year's conference, alone - together, through this virtual platform.

The planning team has worked hard to bring you what we hope to be a great day filled with practices of resiliency as well as stimulating content to advance our thinking about preventing trauma and adverse childhood experiences (ACEs), and building a healthy, peaceful, RESILIENT culture among us.

We are grateful to have such amazing partners and sponsors who believe so deeply in this work and trust us to bring it forth to the community.

Unprecedented times call for unprecedented measures. While this pandemic is shining the spotlight on issues we have known for years to jeopardize the health, wellness, and prosperity of our most vulnerable neighbors, we are now being given the chance to slow down, make a thorough assessment of where we are, imagine the possibilities, and act. Together, we can build on the collective impact of this multi-sector group of participants that includes educators, healthcare workers, mental health providers, the faith and business communities, educators, non-profits, the legal and judicial community, first responders and artists, to move the needle and make our home in Central Florida a better place for all.

Thank you for being here. We hope you enjoy your day!

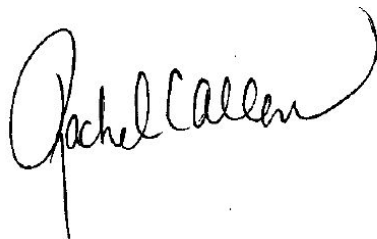
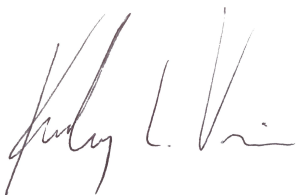
Yours,

Kelsey Visser  
PJI Program Coordinator

Rachel  
PJI Director

C.

Allen



# Conference Agenda

- 9:00 am **Opening Ceremony**  
**Welcome and Opening Remarks**  
Peace and Justice Institute at Valencia College: *Rachel Allen, PJI Director and Will Jefferson, PJI Community Manager*  
City of Orlando, *Mayor Buddy Dyer*  
Orlando Health Arnold Palmer Hospital: *Cary D'Ortona, Senior Vice President Orlando Health, President Orlando Health Arnold Palmer Hospital for Children*  
**Conference Overview and Plan for the Day** - *Will Jefferson, PJI Community Manager*  
**Mindfulness Practice** - *Celine Kavalec, PJI Academic Coordinator*  
**Principles for How We Treat Each Other** - *Peace and Justice Institute*  
**Opening Song** - *Rachel Weaver, Central Florida Community Arts*
- 9:30 am **Keynote Session 1**  
**The Power of Resilience-based, Strength Focused Communication in Working with Youth**  
*Dr. Kenneth Ginsburg, M.D., M.S. Ed.*  
**Introduction** - *Dr. Kathleen Plinske, Valencia College Executive Vice President and Provost*
- 11:30am **Q & A**  
*Dr. Kenneth Ginsburg, M.D., M.S. Ed.*  
**Moderated by:** *Peace and Justice Institute*
- 12:00 pm **Lunch Time Learning**  
**Community Showcase Slide Presentation**  
*Conference Partners, Sponsors, Exhibitors, COVID-19 Resources and More*  
**Music Therapy:** *Ashley Lewis, Central Florida Community Arts*  
**Chair Dancing:** *Dr. Suzanne Salapa, Chair, Valencia College Department of Dance*
- 12:30 pm
- 12:50 pm
- 1:00pm **Welcome Back**  
**Mindfulness Practice** - *Celine Kavalec, PJI Academic Coordinator*  
**Welcome** - *Orange County Mayor Jerry Demings*  
**Opening Song:** *Scott Kinkead, Central Florida Community Arts*
- 1:15 pm **Keynote Session 2** - **Building Community Resilience Across Florida COVID Response**  
*Dr. Wendy Ellis, PhD, MPH and Harrison Newton*  
**Introduction** - *Frank Billingsley, City of Orlando Director of Placemaking and Competitiveness*
- 2:20 pm **Q & A**  
*Dr. Wendy Ellis, PhD, MPH and Harrison Newton*  
**Moderated by:** *Peace and Justice Institute*
- 2:50 pm **K-Ready Community Presentation** - *Lauren Chianese & Leslie Hartog*
- 3:00 pm **Resilient Community Resources and Invitations** - *Kelsey Visser, PJI Project Coordinator*
- 3:10 pm **Closing Ceremony**  
**Closing Remarks** - *Karen Willis, CEO of the Early Learning Coalition of Orange County*  
**Reflections** - *Rachel Allen, PJI Director and Will Jefferson, PJI Community Manager*  
**Closing Song** - *Heather McCraw, Central Florida Community Arts*
- 3:30 pm **Thank You's and Transition to AfterGlow Connection (Conference Discussion)**

# Conference Login & FAQs

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## Conference Log-in Time: 8:45 am

### Login Information:

- Meeting Link: <https://valenciacollege.zoom.us/j/92094909334>
- Meeting ID: 920 9490 9334
- Phone Number: 1-646-558-8656

Once you click the link you will enter your First Name, Last Name, and Email Address (Same email you used to register).

*Please do not share this link to protect the security and integrity of the virtual platform. A copy of the conference recording will be emailed to you after April 21st.*

### FAQs:

#### What if I have any issues with ZOOM ?

If you have issues logging into Zoom, please visit the [ZOOM Help Center](#).

Helpful tip: Check your internet browser and connection. If you have trouble loading ZOOM, try a different internet browser e.g Internet Edge, Firefox, Google Chrome.

ZOOM Viewing Options: Once you login to the ZOOM webinar, you will have the ability to adjust the size and presentation of the content. Please adjust your screen to best suit your particular preference and electronic device.

#### What if I have a question during the conference?

Please feel free to send your questions through the Q&A feature in ZOOM. You will find the Q&A button in the bottom bar of your ZOOM window. Q&A will be monitored throughout the conference.

#### Will I be able to share comments and learning with other conference participants?

Yes, we will have a Chat room open throughout the conference. You will find the chat button in the bottom bar of your ZOOM window. This is where we encourage participants to respond to the learning and conference experience. There will be a [ZOOM AfterGlow](#) meeting at the end of the day in order to connect with participants and dialogue about the experience.

#### Important note:

In order to create a welcoming and inclusive environment where people feel invited to speak their truth, we will be guided by the **Principles for How We Treat Each Other**. The full list of Principles is located in this packet. Comments in the Chat room will be monitored throughout the day for civility.

#### Will we be sitting all day?

No, this conference is designed with fun, movement, and mindfulness practices for reflection. We encourage everyone to listen, engage, and enjoy. Listen to your body and move when you see fit.

#### Where can I journal and reflect?:

Throughout the day you will be invited to reflect on your learning and share your reflections in the Chat. This conference packet provides space for note taking, journaling, and reflection. It can be printed.

# Networking Document

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Please share your resources in the Network Document

In an effort to provide a “networking experience” for participants, we have created a space where people can share about themselves, connect with others, and also have a record of additional resources and take-aways shared during the conference.

We have included the Networking Document link below. We will also paste it into the Chat room during the conference.

Please keep this link available as we will reference it throughout the day.



Click [HERE](#)  
to access the Networking Document.

# Mindfulness Resources

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There are many resources online to support a mindfulness practice. Here is a sampling.

## WEBSITES

### UMass Center for Mindfulness:

Resources include research on mindfulness, courses, and retreats.

<https://www.umassmed.edu/cfm/>

### Brown Center for Mindfulness:

Resources include research on mindfulness research, courses, retreats, and professional training pathways.

<https://www.brown.edu/public-health/mindfulness/home>



## APPS

Review of top five mindfulness Apps by *Mindful Magazine*. Follow this [link](#).



**Insight Timer** – (free) Includes 40,000 free guided meditations, a place to journal, log your sessions, a timer with various bells and background sounds (if desired), and community groups on different topics. There is a subscription upgrade, but the free materials provide a solid beginning. This is the one I use. The app provide a community feel, announcing the number of people meditating worldwide.

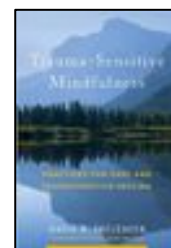


**Head Space: Meditation** – (free trial for a limited time, but must pay a monthly fee to use beyond that time) Includes sessions on everything from stress to sleep, a mindfulness coach, exercises, and even meditations for children.



**Calm** – (free trial -with upgrades for a fee) Basic level includes some nature background sounds during timed meditations and meditations in different categories, such as beginners, anxiety, sleep, focus, stress, relationships, emotions, self-care to name a few. Under each category there are only a few free offerings, before you need to upgrade. Good for the beginner. With a 70.00 year's subscription, you also have access to masterclasses and many, many more meditations.

Research shows that mindfulness can improve one's sense of presence and cultivate resilience. Teachers of mindfulness should be well-trained and integrate trauma-sensitive practices, such as those advocated by David A. Treleaven, psychologist and author of *Trauma-Sensitive Mindfulness: Practices for Safe and Transformative Healing*.





# PRINCIPLES FOR HOW WE TREAT EACH OTHER

## Our Practice of Respect and Community Building

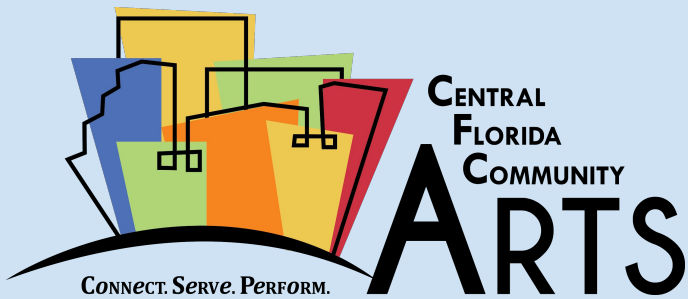
- 1. Create a hospitable and accountable community.**  
We all arrive in isolation and need the generosity of friendly welcomes. Bring all of yourself to the work in this community. Welcome others to this place and this work, and presume that you are welcomed as well. Hospitality is the essence of restoring community.
- 2. Listen deeply.** Listen intently to what is said; listen to the feelings beneath the words. Strive to achieve a balance between listening and reflecting, speaking and acting.
- 3. Create an advice free zone.** Replace advice with curiosity as we work together for peace and justice. Each of us is here to discover our own truths. We are not here to set someone else straight, to “fix” what we perceive as broken in another member of the group.
- 4. Practice asking honest and open questions.** A great question is ambiguous, personal and provokes anxiety.
- 5. Give space for unpopular answers.** Answer questions honestly even if the answer seems unpopular. Be present to listen not debate, correct or interpret.
- 6. Respect silence.** Silence is a rare gift in our busy world. After someone has spoken, take time to reflect without immediately filling the space with words. This applies to the speaker, as well – be comfortable leaving your words to resound in the silence, without refining or elaborating on what you have said.
- 7. Suspend judgment.** Set aside your judgments. By creating a space between judgments and reactions, we can listen to the other, and to ourselves, more fully.
- 8. Identify assumptions.** Our assumptions are usually invisible to us, yet they undergird our worldview. By identifying our assumptions, we can then set them aside and open our viewpoints to greater possibilities.
- 9. Speak your truth.** You are invited to say what is in your heart, trusting that your voice will be heard and your contribution respected. Own your truth by remembering to speak only for yourself. Using the first person “I” rather than “you” or “everyone” clearly communicates the personal nature of your expression.
- 10. When things get difficult, turn to wonder.** If you find yourself disagreeing with another, becoming judgmental, or shutting down in defense, try turning to wonder: “I wonder what brought her to this place?” “I wonder what my reaction teaches me?” “I wonder what he’s feeling right now?”
- 11. Practice slowing down.** Simply the speed of modern life can cause violent damage to the soul. By intentionally practicing slowing down we strengthen our ability to extend nonviolence to others—and to ourselves.
- 12. All voices have value.** Hold these moments when a person speaks as precious because these are the moments when a person is willing to stand for something, trust the group and offer something they see as valuable.
- 13. Maintain confidentiality.** Create a safe space by respecting the confidential nature and content of discussions held in the group. Allow what is said in the group to remain there.

*Prepared by the Peace and Justice Institute with considerable help from the works of Peter Block, Parker Palmer, the Dialogue Group and the Center for Renewal and Wholeness in Higher Education*



You are invited to share your reflection  
in the Zoom Chat

# Morning Performance Reflection



**Rachel Weaver**

Performing *Up Where We  
Belong*, by Joe Cocker

What is your hope for the  
day?

How are you feeling about  
being present with us today?

# KEYNOTE SESSION 1

You are invited to share your reflection  
in the Zoom Chat



*Dr. Kenneth Ginsburg, M.D., M.S. ED*

Dr. Ginsburg has over 25 years of experience facilitating youth empowerment problem-solving toward resilience.

He co-developed the Teen-Centered Method, published 150 clinical practice articles, five books, a multimedia resources for clinicians, parents and teens. Dr. Ginsburg has received over 50 awards recognizing his research, clinical skills, or advocacy efforts and appeared on outlets like CNN, NPR, and the Today Show advocating for parents role in raising resilient children and teens.

*Dr. Kenneth Ginsburg, M.D., M.S. ED is a pediatrician specializing in Adolescent Medicine at the Children's Hospital of Philadelphia and a Professor of Pediatrics at the University of Pennsylvania School of Medicine. He also serves as Director of Health Services at Covenant House Pennsylvania, an agency that serves Philadelphia's homeless and marginalized youth.*

What concrete steps can we take during this pandemic to make this an opportunity for healing for those youth deserving of our most focused attention?

# LUNCHTIME LEARNING AGENDA

## 12:00PM - 1:00PM

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### 12:00 pm - 12:30 pm **Community Showcase Slide Presentation**

Check out our community partners slide show playing during the lunch hour from 12-12:30. You will find robust information about our partners, sponsors, and exhibitors with a special community resource section divided by our community sectors. *You will receive a copy of the Community Showcase presentation after the conference.*

#### **Partners**

Peace and Justice Institute  
& Early Learning Coalition  
of Orange County

#### **Sponsors**

- Orlando Health
- Foundation for a Healthier West Orange
- Central Florida Foundation
- City of Orlando
- University Behavioral Center

#### **Exhibitors Showcase**

- PJI Academy for Teachers
- PJI Circles
- PJI Business
- Orlando Health
- Early Learning Coalition of Orange County
- Foundation for a Healthier West Orange
- Central Florida Foundation
- City of Orlando
- University Behavioral Center
- Central Florida Community Arts
- Legal Aid Society
- Devereux Advanced Behavioral Health
- Mentoring in Medicine
- Prevent Child Abuse Florida
- The Nurture Place
- Zebra Coalition

#### **Community Resources by Sector**

- Business
- Child Welfare
- Criminal Justice
- Education
- Faith
- Government
- Health & Wellness
- Non-Profit
- Public Safety
- Individual

#### **ACEs Research**

Provided by the University of South Florida, College of Public Health

#### **ACEs & Resilience Posters**

Printable posters to share

### 12:30 pm-12:50 pm **Music Therapy:**

*Ashley Lewis, Central Florida Community Arts*

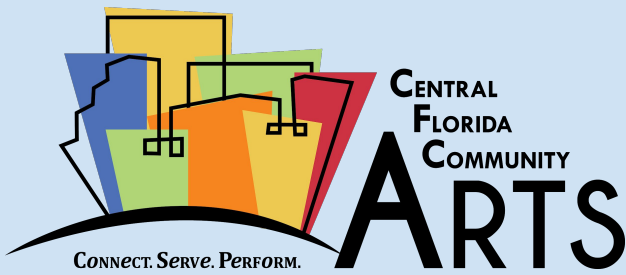
### 12:50 pm - 1:00 pm **Chair Dancing:**

*Dr. Suzanne Salapa, Valencia College Dept. of Dance*

You are invited to share your response in the Zoom Chat

# Afternoon Performance Reflection

What have been your bridges during these unprecedented times?



***Scott Kinkead***

*Performing Bridge Over  
Troubled Water, by Simon  
and Garfunkel*

# KEYNOTE SESSION 2

You are invited to share your reflection in the Zoom Chat



*Dr. Wendy Ellis PhD, MPH*

Dr. Wendy Ellis is the Director of the Building Community Resilience Collaborative (BCR) and Networks at the Milken Institute School of Public Health at George Washington University.

Dr. Ellis has developed a strengths-based approach to help communities address trauma, vulnerabilities, and help individuals “bounce back” and thrive.

Her “Pair of ACEs” approach is being implemented across five regions in the United States.

At the upcoming conference, Dr. Ellis will share relevant insight as to how we can apply this framework to create a more resilient community in Central Florida.

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*Dr. Ellis PhD, MPH has spent the last decade developing and working to grow a 'resilience movement' to address systemic inequities that contribute to social and health disparities that are often transmitted in families and communities from generation to generation. In 2018 Ms. Ellis was selected as an Aspen Institute Ascend Fellow.*

What did you hear in this presentation that would make a positive impact for resilience in your own community?



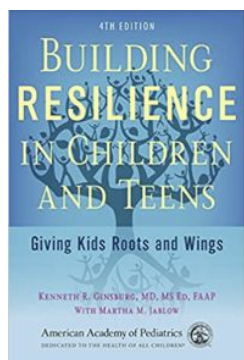
# Resilient Community Resources and Invitations

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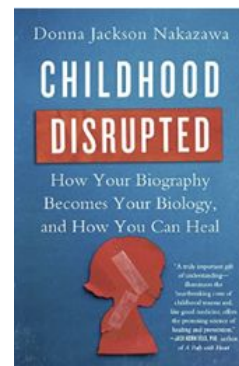
## Join Community Common Read:

Last year we read *The Deepest Well* by Dr. Nadine Burke Harris and we have been sharing our thoughts about the book in a facebook group that you can join.

This year, we have selected to read two books!



1. Since we know Dr. Ginsburg is going to be coming back to do 3 more virtual community workshops, we are going to first read his book *Building Resilience in Children and Teens*.  
Click [HERE](#) to order from Amazon.
2. Then, we will begin reading *Childhood Disrupted* by Donna Jackson Nakazawa.  
Click [HERE](#) to order from Amazon.



If you would like to join in this Common Read Facebook Group, please request access [HERE](#).

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## Invitation to Join our Strategic Planning Group:

If you would like to join the strategic planning group, please fill out this [Strategic Planning Group Google Form](#)

Or email Kelsey Visser and you will be added to the invitation list:  
[kvisser@valenciacollege.edu](mailto:kvisser@valenciacollege.edu)

Next Strategic Planning meeting: Tuesday, May 19, 2020 from 2-4 pm (Zoom)

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## Invitation to Join ACEs Connection Central Florida:

### About this Community

A network for community members, professionals and leaders to collaborate across sectors in a movement to prevent adverse childhood experiences (ACEs), heal from trauma, and build resilience in Central Florida. We encourage the use of this network to collaborate across sectors and communities and to transform our region into one of hope, healing, and resilience for all.

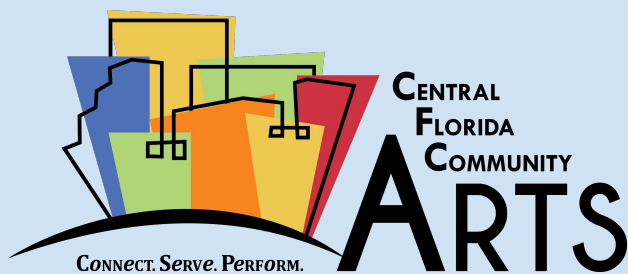
<https://www.acesconnection.com/g/aces-central-florida>

You are invited to share your response in the Zoom Chat. You will have an opportunity to share these responses in the post-survey.

What is your take-away from today?

What is the message you want to leave for us today?

# Closing Performance Reflection



**Heather McCraw**  
Performing *Lean on Me*,  
by Bill Withers

Click  
**HERE**  
to access the conference  
Post-Survey



You are invited  
to connect after the  
conference in our  
**Zoom AfterGlow**  
post conference discussion



# Continuing Education Unit (CEU) & Certificates of Attendance

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We are excited to announce that University Behavioral Center will kindly offer Continuing Education Unit (CEU) **credits (4)** to licensed clinical professionals (see license coverage below) and Certificates of Attendance for any non-clinical conference participants.

## CEUs (Clinical only), Licenses Covered (only):

1. Florida Board of Clinical Social Work
2. Florida Board of Marriage and Family Therapy
3. Florida Board of Mental Health Counseling
4. Florida Board of Nursing
5. Florida Board of Psychology and School Psychology

## How to Register for CEUs or a Certificate of Attendance:

In order to receive CEU credit or a Certificate of Attendance, you must register by Tuesday, April 28th. There are two options for registering to receive CEU credits or Certificates of Attendance:

**Register Online:**

To register for CEU credit or a Certificate of Attendance online please fill out this [ONLINE REGISTRATION FORM](#).

**Register via Email:**

If you have difficulty registering via the [online form](#), Center's primary contact, Sarah Paliuca at: Sarah.Paliuca@uhsinc.com with the following information:

- Please make sure to put in the **subject line** of your email: **Registration - Creating a Resilient Community Virtual Conference**
- You **must include** the following information in your email to receive CEU credit or a Certificate of Attendance. License information is only required for clinical participants seeking a CEU.  
(First name, Last Name), (Organization), (Email Address), (License Number - Clinical only)

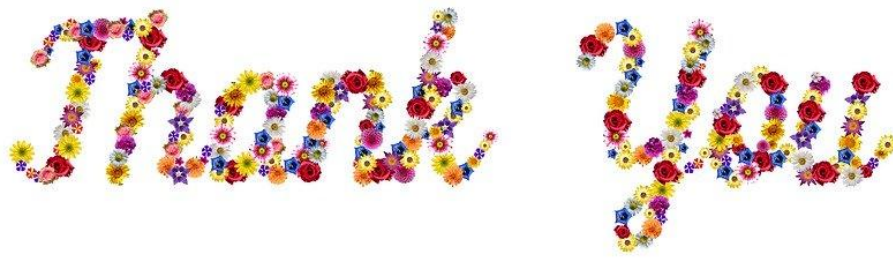
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## Certificate Delivery:

University Behavioral Center will send participants an email with the CEU/Certificate of Attendance 2-3 weeks after the conference.

If you have any questions regarding CEUs or Certificates of Attendance, please email: [resilience@valenciacollege.edu](mailto:resilience@valenciacollege.edu)





“ It is with profound gratitude that we thank all of you for your support, encouragement, time, and valuable contributions. The amazing collaborative event and movement would not be possible without you. ”

**To our amazing Keynote Speakers:**

- Dr. Kenneth Ginsburg
- Dr. Wendy Ellis, PhD., MPH
- Harrison Newton

**All of the Community Leaders who shared remarks today:**

- Mayor Buddy Dyer, City of Orlando
- Mayor Jerry Demings, Orange County
- Cary D'Ortona, Orlando Health Senior Vice President
- Dr. Kathleen Plinske, Valencia College Executive Vice President and Provost
- Frank Billingsley, City of Orlando Director of Placemaking and Competitiveness
- Karen Willis, CEO of the Early Learning Coalition of Orange County
- Lauren Chianese, Minga Advisors, LLC (K-Ready Community Project)
- Leslie Hartog, Minga Advisors, LLC (K-Ready Community Project)

**Partners:**

- Peace and Justice Institute at Valencia College
- Early Learning Coalition of Orange County

**Sponsors:**

- **Gold Sponsor:** Orlando Health
- **Bronze Sponsor:** Foundation for a Healthier West Orange
- **Copper Sponsors:**
  - Central Florida Foundation
  - City of Orlando
- **CEU Sponsor:** University Behavioral Center

**Deveraux** - for their Mobile Crisis Unit Support for conference participants

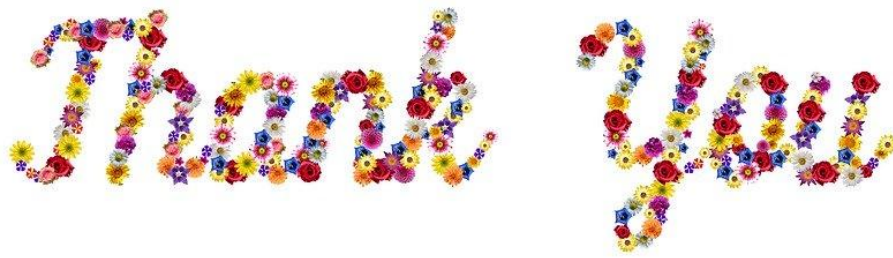
**Valencia College**

**Valencia College Technical Team:**

- Keith Hill, Technical Director
- Melvin Moodie, Technical Support Team
- Steven Rukstalis, Technical Support Team

**Valencia College Department of Dance:**

- Dr. Suzanne Salapa



**All the members of the Conference Planning Team:**

*\*Listed in order of first name*

- Anne Pimentel-Kerr
- Anne Sutherland
- Anne Wedge-McMillen
- Dr. Candice Jones
- Cindy Jurie
- Donna Walsh
- Jane Hursh
- Dr. Jeff Goltz
- Jeff Griesemer
- Jennifer Grant
- Jerry Daniels
- Jessica Darden
- JoDee Buis
- Karen Willis
- Kari Williams
- Kathleen McLeod-Daly
- Dr. Kimberly Renk
- Kelsey Visser
- Dr. Kevin Sherin
- Lainie Fox-Ackerman
- Lauren Cooper
- Lauren Parker
- Lauri Lott
- Linda Sutherland
- Lindsey Phillips
- Lisa Diamond
- Lisa Spector
- Lux Chandrasekar
- Maria Long
- Marie Martinez
- Martha Santoni
- Mary Bridges
- Mary Harper
- Michelle Nash
- Michelle Sperzel
- Miguelina Abrey
- Nadine Daniels
- Nicole Elinoff, MPH(c)
- Nicole Leacock
- Patricia Ambinder
- Patricia Wiggins
- Pernell Bush
- Rachel Allen
- Roger Weeden
- Sally McCarthur
- Sara Osborne
- Sofiya Asedrem
- Tina Morgan
- Tracy Calato
- Yasmin Flasterstein

**The Tri-County Task Force for a Trauma-Informed Community by the Children's Cabinet of Seminole, Osceola, and Orange County**

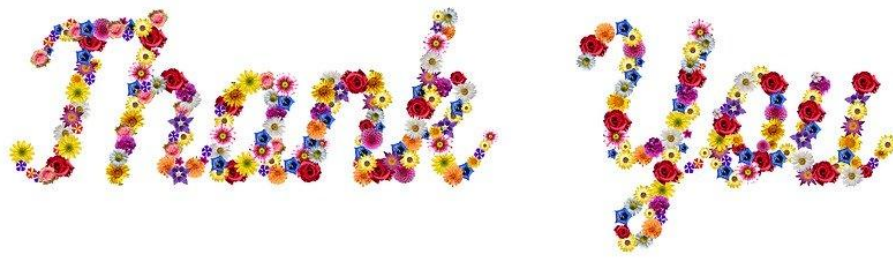
**Celine Kavalec for her Mindfulness offerings**

**All of our performers from CFC Arts:**

- Rachel Weaver
- Ashley Lewis
- Scott Kinkead
- Heather McCraw

**The Peace and Justice Institute Team:**

- Rachel Allen, Conference Director/Moderator
- Will Jefferson, Conference Moderator
- Kelsey Visser, Conference Manager
- Sofiya Asedrem, Assistant Conference Manager
- Kari Williams, Conference Support Team
- Lauri Lott, Conference Support Team
- Britney Pierce, Conference Support Team
- LaTasha Thomas, Conference Support Team
- Tracy Calato, Conference Support Team
- Celine Kavalec, Conference Survey & Mindfulness



## Strategic Planning Team

To the entire team who continues to advance this work of resilience in our community:

Alex Cardona	Jennifer Foster	Lin Huff-Corzine	Patricia Ambinder
Anna Reed	Jennifer Grant	Linda Freeman	Patricia Wiggins
Anne Marie Sheffield	Jerry Daniels	Linda Sutherland	Pernell Bush
Anne Pimentel-Kerr	Jessica Darden	Lindsey Phillips	Rachel Allen
Anne Soule	Jessica Sprain	Lisa Diamond	Randy Olson
Anne Sutherland	Jill Hamilton Buss	Lisa Spector	Rebecca Desir
Asim Jassi	JoDee Buis	Lizzy Grenus	Roger Weeden
Brenda Nieves Wong	Joel Hunter	Lorvins Eugene	Roxie Heist
Candice Jones	John Hursh	Lourdes Muñiz	Sabrina Palmer
Carmen Ives	Jordan Steckler	Lux Chandrasekar	Saffiyah Johnson
Catherine Ruane	Josalie Condon	Madeline Laforre	Sally McArthur
Cathy Rivera	Karen Broussard	Manova Narcisse	Salma Chiny
Celine Kavalec	Karen Willis	Marah Sanchez	Samantha O'lenick
Chris Lolly	Kari Williams	Margo Marcano	Sandi Vidal
Cindy Clark	Kathleen McLeod-Daly	Maria Long	Sandria Foster
Cindy Jurie	Katie Murphy	Marie Martinez	Sandy Fink
Coravious Cowart	Kelly Sarria	Marlene Gillies	Sara Osborne
Cynthia Schmidt	Kelsey Visser	Martha Santoni	Sciatia St. Hilaire
Danielle Barbato	Ken Rinaldi	Mary Bridges	Serena Ahmed
Dawn Haynes	Keren Rohena	Mary Harper	Shaniqua Rose
Donna Walsh	Kevin Sherin	Megan Ginn	Sofiya Asedrem
Donna Wyche	Kim Anderson	Melina Paiewonsky	Stephanie Arguello
Dylan McCain Allen	Kim Brewster	Melodie Griffin	Sue Foreman
Elizabeth Cronlund	Kimberly Renk	Michael Sirbola	Susan Arkin
Elsa Schaffer	Kristen Lauria	Michelle Alfred	Susan Timmons
Eric Olin	Kristine Persaud	Michelle Ball	Suzanne Salapa
Evelyn Arnold	Lainie Fox-Ackerman	Michelle Nash	Tammie Holt
Evan Smith	Larry Williams	Michelle Sperzel	Thomas Bryer
Gail Cooper	LaTasha Thomas	Miguelina Abreu	Thomas Hall
Jahdai Cross	Latrell Williams	Mike Miller	TiAnna Hale
Jamie Lopez	Lauren Cooper	Mike Robertson	Tina Morgan
Jan Edwards	Lauren Moskowitz	Morgan Donovan	Tolulope Adebajo
Jane Hursh	Lauren Parker	Nadine Daniels	Tony Philcox
Janice Rous	Lauren Taylor	Nakei Powell	Tralonda Triplett
Jay Corzine	Lauren Vagelakos	Nasseam James	Wendy Kimelman
Jeff Goltz	Lauri Lott	Natalie Williams	Will Jefferson
Jeff Griesemer	Leslie Hartag	Neil Boris	Victor Felix
Jenifer Rupert	Lesli Odum	Nichole McKenzie	Yasmin Flasterstein
Jennifer Adams	Lilyvette Serrano	Nicole Leacock	Yvette Shelton-Edmonds
		Osa Gill	Zackary Gibson



## WHO WE ARE

The Peace and Justice Institute at Valencia College promotes peace and justice for all. Our aim is to nurture an inclusive, caring and respectful environment on campus and within our community - one where conflict leads to growth and transformation, rather than violence or aggression.

PJI regards every individual as a rising peace and justice practitioner and provides the tools for all to be leaders of socially inclusive change and innovation in their circle of influence. The commitments of a peace and justice practitioner are a pathway to building The Culture of Peace and an invitation to becoming an agent of change.

### COMMITMENTS OF A PEACE & JUSTICE PRACTITIONER

- Places relationship and community as central to the work, focusing on the culture of collaboration
- Encourages a reflective practice to support self-awareness, meaning and purpose, including mindfulness practice and emotional intelligence
- Addresses conflict as a source and opportunity for growth and transformation
- Uses the tools of story, dialogue, and peaceful communication while practicing the Principles for How We Treat Each Other
- Supports a community of inclusive excellence in which all voices are heard and valued
- Engages in the exploration of the “other” with an acknowledgment of our inherent interdependence
- Recognizes that there can be no peace without justice for all



# 101

PJI was listed as one of the "101 Things to Love About Central Florida" by the Orlando Sentinel.





## WHAT WE DO

- Teach a Peace and Justice Studies curriculum at Valencia.
- Work with Associate in Science (A.S.) programs at Valencia, including criminal justice and nursing, to integrate peace studies into their curriculum, ultimately affecting the way people in these industries will handle conflict in their work.
- Promote peace and justice events and activities through sponsorships and collaborations with community and student groups.
- Facilitate conversations on campus and in the community about peace, conflict resolution, human rights, race, privilege and trauma healing.
- Host nationally known experts in peace and justice studies as speakers and scholars in residence.
- Provide community service and outreach.
- Provide students with hands-on experiences such as internships and service-learning opportunities to give practical meaning to the theories of peace building.
- Offer workshops and courses for business, government, nonprofit, and community organizations in partnership with Valencia's Professional Continuing Education.



## SIGNATURE EVENTS



**GLOBAL PEACE WEEK**  
A week long celebration of the International Day of Peace

### CONVERSATIONS ON JUSTICE WEEK

Delving into the critical conversations of our time to promote understanding



**ORLANDO SPEAKS**  
Using dialogue to find common ground between police and citizens

### INTERFAITH PEACE BREAKFAST

Faith leaders coming together to create interfaith understanding



**INTERFAITH SERIES**  
Visiting local houses of worship to gain greater understanding of our religious diversity

### ACADEMY FOR TEACHERS

Creating more inclusive and compassionate classrooms



**ANNUAL CONFERENCE**  
Creating a Resilient Community: From Trauma to Healing

## CONTACT

[peaceandjustice@valenciacollege.edu](mailto:peaceandjustice@valenciacollege.edu)

<https://valenciacollege.edu/PJI/>

Facebook @ valenciapeaceandjustice

Instagram @ valenciapji