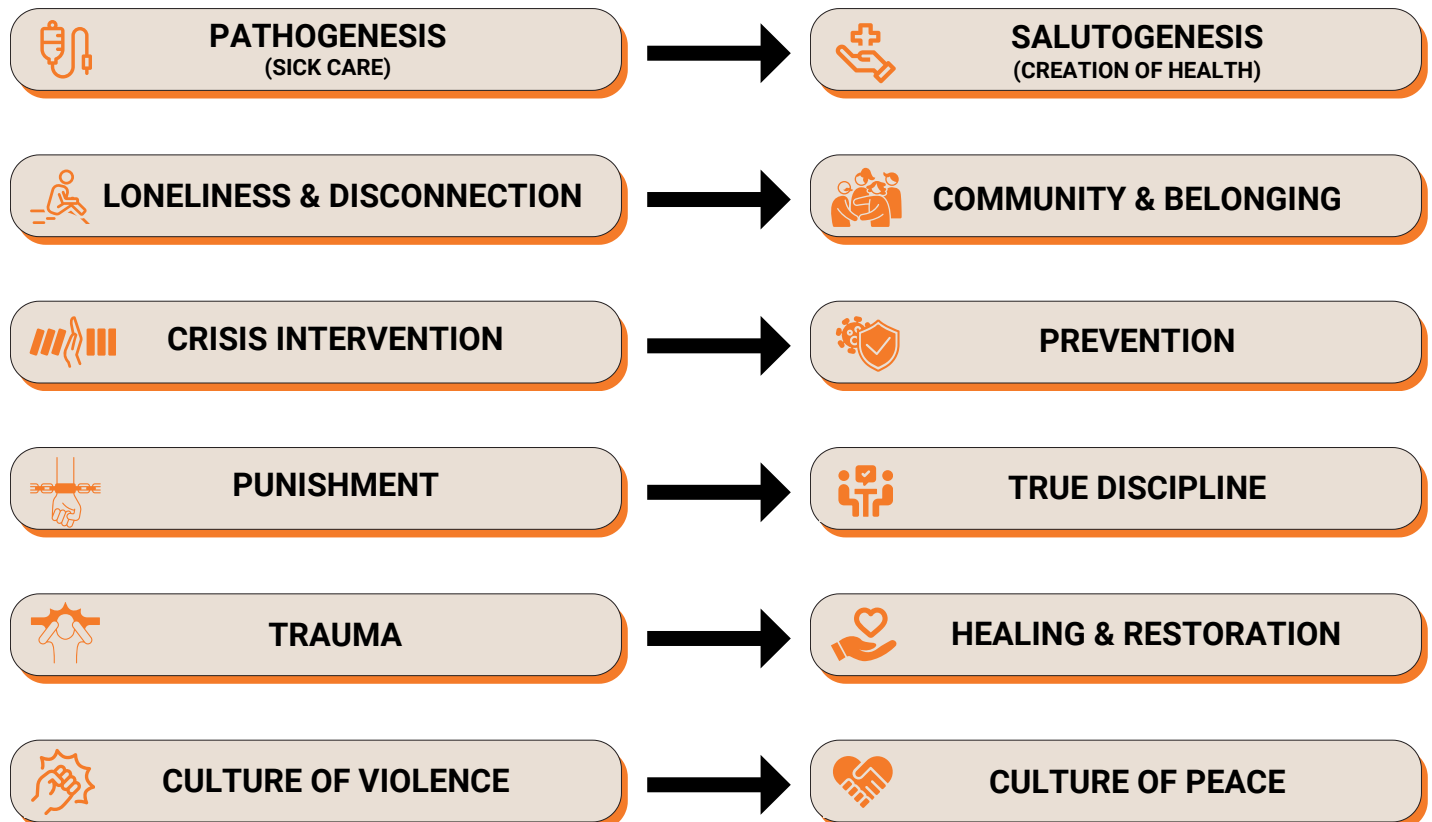


## HOW WE TREAT EACH OTHER: SHIFTING THE PARADIGMS

**Paradigm Shift:** A fundamental change in how we understand or approach a particular issue or concept. It involves a significant transformation in our perspectives, beliefs, and practices, leading to a new way of thinking or behaving that replaces the old established norms.

### MOVING SYSTEMS FROM....





**PATHOGENESIS**  
(SICK CARE)



**SALUTOGENESIS**  
(CREATION OF HEALTH)

At PJI, our focus extends beyond merely addressing problems to promoting overall wellbeing and resilience. This shift entails moving away from a pathogenic approach, which primarily focuses on identifying and treating disease or dysfunction, towards a salutogenic approach, understanding and fostering factors that promote health, vitality, and thriving within individuals and communities.



**LONELINESS & DISCONNECTION**



**COMMUNITY & BELONGING**

At PJI, we work to transition from the pervasive feelings of loneliness and disconnection to a culture of community and belonging. This paradigm shift entails recognizing the inherent dignity and interconnectedness of every individual, embracing diversity, and nurturing environments where empathy, understanding, and collaboration thrive.



**CRISIS INTERVENTION**



**PREVENTION**

At PJI, rather than solely reacting to crises, we aim to proactively address the source of issues. This involves investing resources and efforts into prevention, such as education, community-building, and support services, to mitigate the root causes of conflicts and prevent them from reaching crisis levels, thus creating safer, healthier, and more resilient communities.



**PUNISHMENT**



**TRUE DISCIPLINE**

At PJI, we are shifting from a mindset of punishment to one of true discipline. Rather than penalizing individuals for their actions, we cultivate an environment where we ask, "What happened to you" versus "What's wrong with you," and acknowledge the underlying causes of behavior, offering support and guidance, and fostering accountability with compassion.



**TRAUMA**



**HEALING & RESTORATION**

At PJI, we are shifting away from perpetuating cycles of trauma towards fostering environments of healing and restoration. This paradigm shift involves recognizing the pervasive nature of trauma and its profound effects on individuals and communities. Instead of responding with further harm or neglect, we seek to prioritize restorative approaches that honor the dignity and resilience of all.



**CULTURE OF VIOLENCE**



**CULTURE OF PEACE**

At PJI, we acknowledge the systemic roots of violence and are actively working to address them through restorative practices, conflict transformation, and trauma informed approaches. By prioritizing empathy, compassion, and collaboration, we aim to create environments where peaceful coexistence and mutual respect flourish.